Family and Parent Groups in the Community

Please note: The information provided in this handout is for reference only. It is not intended as a recommendation or endorsement of organizations, or as a comprehensive resource list. For more information, email resourcecentre@hollandboxloorview.ca

All/Any parents of children with any disabilities

- Centre for Addiction and Mental Health (CAMH): http://www.camh.ca/en/hospital/care_program_and_services/support_for_families_and_friends/Pages/support_groups_families_friends.aspx
- ConnectABILITY Family Support Groups Directory: http://connectability.ca/2013/12/04/family-support-groups/
- Connected Families: http://connectability.ca/connected-families/
- Extend-A-Family (includes but not limited to dads groups and Spanish-speaking families): http://extendafamily.ca/our-services/family-support-groups/
- Family Alliance Ontario: https://family-alliance.com
- Gift People Services (Mandarin-speaking families): http://giftedpeople.ca/programs/parent/
- Hand Over Hand: http://www.handoverhand.ca/parent-support/
- Partners for Planning Network: http://www.partnersforplanning.ca/about-1/
- Spirit of Life (Chinese-speaking families): http://solhc.ca/parent-support-group/
- Woodgreen Community Services: http://www.woodgreen.org/OurServices/HealthWellness.aspx

Apraxia

- Apraxia-KIDS: http://www.apraxia-kids.org/
- Ontario Professional and Parent Education Network for Childhood Apraxia of Speech: http://oppencas.ca/

Attention Deficit Disorder and Attention Deficit Hyperactivity Disorder

- Canadian ADHD Resource Alliance: http://www.caddra.ca/
- Centre for ADHD Awareness Canada: http://www.caddac.ca/
- Children and Adults with Attention Deficit Disorder: http://www.chadd.org/

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Autism
- Asperger’s Society of Ontario: http://www.aspergers.ca/
- Autism Journey: http://www.autismjourney.org/
- Autism Ontario: https://www.autismontario.com/
- Geneva Centre for Autism: https://www.autism.net/
- My Autism Team: https://www.myautismteam.com/

Bereavement and Loss
- Bereaved Families of Ontario: http://www.bereavedfamilies.net/
- Sunnybrook Hospital resources: http://sunnybrook.ca/content/?page=wb-nic-gresources
- Woodgreen Community Services: http://www.woodgreen.org/OurServices/HealthWellness.aspx

Brain Injury
- Brain Injury Society of Toronto: http://www.bist.ca/about/programs-and-services/abi-family-support-program/
- Ontario Brain Injury Association: http://obia.ca/peer-support2/
- Toronto ABI Network: http://www.abinetwork.ca/

Cancer
- Brain Tumour Foundation of Canada: http://www.braintumour.ca/621/care-and-support
- Canadian Cancer Society: http://www.cancer.ca/
- Chai Lifeline Canada: https://www.chailifelincanada.org/get-involved/
- Childhood Cancer Canada Foundation: http://www.childhoodcancer.ca/
- Ontario Parents Advocating for Children with Cancer: http://www.opacc.org/
- Alex’s Lemonade Stand Parent to Parent Network: http://www.alexslemonade.org/parent-parent-network
- Alex’s Lemonade Stand Supersibs: http://www.alexslemonade.org/campaign/supersibs

Cerebral Palsy
- Ontario Federation for Cerebral Palsy: http://www.ofcp.ca/programs/membership

Stuttering
- The Canadian Stuttering Association: http://www.stutter.ca/
Developmental Disability
- Community Living Ontario: [http://communitylivingontario.ca/](http://communitylivingontario.ca/)
- Surrey Place: [http://www.surreyplace.on.ca](http://www.surreyplace.on.ca)

Down Syndrome
- Down Syndrome Association of Toronto: [http://www.dsat.ca/social-activities](http://www.dsat.ca/social-activities)

Epilepsy

Facial Differences
- About Face: [http://www.aboutface.ca/](http://www.aboutface.ca/)

Fetal Alcohol Spectrum Disorders (FASD)
- FASWorld: [http://www.fasworld.com/fasd-resources/family-support-groups/](http://www.fasworld.com/fasd-resources/family-support-groups/)

Hearing Impairment
- The Canadian Hearing Society: [https://www.chs.ca/](https://www.chs.ca/)

Intellectual Disabilities
- Family Link: familylink@cltoronto.ca

Learning Disabilities

Mental Health
- Centre for Addiction and Mental Health (CAMH): [http://www.camh.ca/en/hospital/care_program_and_services/support_for_families_and_friends/Pages/support_groups_families_friends.aspx](http://www.camh.ca/en/hospital/care_program_and_services/support_for_families_and_friends/Pages/support_groups_families_friends.aspx)
- Woodgreen Community Services: [http://www.woodgreen.org/OurServices/HealthWellness.aspx](http://www.woodgreen.org/OurServices/HealthWellness.aspx)
- Youthlink Parent Groups: [http://youthlink.ca/?page_id=876](http://youthlink.ca/?page_id=876)
Physical Disabilities

- Easter Seals: http://www.easterseals.org/
- War Amps: http://www.waramps.ca/home/

Rare Diseases, Disorders and Disabilities

- Rare Disease Foundation: https://www.rarediseasefoundation.org/family_and_patient_support

Sibling Groups

- Young Carers: http://www.ycptoronto.com/
- Extend-A-Family (includes adult sibling groups as well): http://extendafamily.ca/our-services/family-support-groups/

Spina Bifida and Spinal Cord Injury

- Spina Bifida and Hydrocephalus Association of Ontario: http://www.sbhao.on.ca/programs-services/care-and-support/parent-support

Tourette Syndrome

- Tourette Canada: https://tourette.ca/

Do you have a suggestion or resource for this tipsheet? We are always welcome to new ideas. Let us know at resourcecentre@hollandbloorview.ca!

This list was last updated by a Family Support Specialist in December 2016