

Bronze Medallion Course Fall 2020

When: Sundays (Oct 18, Oct 25, Nov 1, Nov 8)
Exam: Sunday Nov 15

Time: 12:00 p.m. to 4:00 p.m. each day
Exam Time: 9:00 a.m. to 11:00 a.m.

Prerequisite: Bronze Star or minimum age 13 years.
Candidates that have Bronze Star and are under the age of 13 years can register for this course by calling 416-425-6220 ext 3063

Cost: \$250.00 + HST

This course teaches lifesavers an understanding of the lifesaving principles embodied in the 4 components of water-rescue education –judgment, knowledge, skill and fitness. Candidates learn tows and carries, and defense methods and releases in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Candidates develop stroke efficiency and endurance in a 400-meter timed swim (12 minutes). This course is a prerequisite to the Bronze Cross award.

100% attendance and active participation is required for the course. Registration fees are inclusive (registration fees, examination fees, and literature).

Due to COVID-19 protocols candidates will practice with manikins for some skills. Each candidate will need to bring in a rescue buddy on weeks 3 and 4.

Registration opens *Monday, October 05, 2020 at 6:00 p.m.*
Please note: Leadership courses with less than 8 participants will be cancelled