Understanding your role in safety: Clients and families

Rehabilitation and complex continuing care

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Bone health

Children and youth with a physical disability can be at risk for osteopenia – a condition that causes low bone mineral density and can increase the risk of injury during your child’s rehab stay.

Your care team will explain how we care for osteopenia and provide you with Health Canada’s nutrition guide for the prevention and treatment of osteopenia.

We encourage you to ask questions and discuss bone health with your health care team at Holland Bloorview.

Medication safety

Your medication safety is a top priority of Holland Bloorview. Follow these tips to prevent medication errors.

- Keep an up to date list with the following information about all medications:
  - Names of all medications. This includes over-the-counter and herbal remedies.
  - How much to take of each medication.
  - Time of day to take each medication.
  - How to take each medication (is the medication a pill, patch or liquid) and medication route (is it swallowed or put through a G-tube or NG-tube).

- Bring your medication bottles each time you visit the hospital.
- Talk to your doctor, nurse or pharmacist about the medications you are taking home.
- Ask questions about the medications and why they are being prescribed to you/your child.

- Holland Bloorview recommends using one pharmacy to fill prescriptions. Why?
- Unused medications should be returned to pharmacy for safe disposal.
- Learn about the side effects of the medications.
- Keep medications in the original child-safe package.
- Medication errors can be caused by interruptions. Please do not disturb nurses wearing orange sashes unless it is an emergency.

Client identification

All of our health care team members will ask for two kinds of identification before providing any service or care, this includes the administration of all medications every time. This ensures the right client receives the right service, procedure, and medication every time.

- Inpatients can provide two of the following forms of identification: name, birthday, health card number, hospital number on armband. For safety reasons, do not remove the identification band.

Speak Up: Making Health Care Safer

Holland Bloorview is committed to making the health care your child receives safe, if you have any concerns, please speak with a member of your child’s health care team, or ask to speak with the manager of patient safety.

For any questions or concerns please contact the manager of patient safety at 416-425-6220 ext. 6235.

Clients and family members can help prevent medication errors.