

**BLOORVIEW KIDS REHAB**  
**PARENT & TOT PROGRAM – WINTER 2010** (starting January 4<sup>th</sup>)

This program provides an opportunity for parent(s) or guardian(s) and *one* child 5 yrs. or younger to explore the world of water together. This program is *not* instructed but is run during our Swim School program. In an effort to reduce distraction to children participating in lessons, each adult may accompany only one child. Please be aware of lessons going on around you, and do your best to avoid the classes in progress.

You are free to attend during any of the times listed below (only) - it does not have to be the same time each week. You may attend as many times in one week as you wish. Visits not used before the end of this session may be used next session (for up to one year) based on the P & T schedule for that session (which may differ from this schedule). **You can register (and pay) for the program on the day you begin – you don't have to do this in advance.** We ask that children who are not toilet trained wear 'Gabby's' or 'Kooshies' or 'Little Swimmers' (or a similar product) under a bathing suit. **Please no disposable diapers in the pool.**

**Mondays:** 11:15-11:45, 1:35-2:05, 5:10-5:40, 5:45-6:15, 6:30-7:30\* (ends Mar. 8<sup>th</sup>)

**Tuesdays:** 10:05-10:35, 11:15-11:45, 1:00-1:30, 1:35-2:05, 5:45-6:15, 6:25-6:55  
(evening instructed classes still available!) (ends Mar. 9<sup>th</sup>)

**Wednesdays:** 9:30-10:00, 1:35-2:05, 2:10-2:40, 5:45-6:15, 6:30-7:30\*  
(evening instructed classes still available!) (ends Mar. 10<sup>th</sup>)

**Thursdays:** 1:00-1:30, 2:10-2:40, 5:45-6:15, 6:20-6:50, 6:55-7:25  
(evening instructed classes still available!) (ends Mar. 11<sup>th</sup>)

**Fridays:** 11:15-11:45 (ends Mar. 12<sup>th</sup>)

**Saturdays:** 1:30-2:30\* (ends Mar. 6<sup>th</sup>)

\* **Please Note:** during the times marked with a '\*', we have combined our P& T visits with our Family Swim (a program for individuals who have a disability *only* – traditionally not a very busy program). Please know that this continues to be a tentative arrangement. Should P & T visits begin to impact on our Family Swim clients, we will no longer be able to offer this opportunity. Please have your phone # noted on your P & T card so we can contact you with any changes. Because this is a one-hour program, it will count as 2 visits Parent & Tot visits during these times. If you have any questions, comments, or concerns, please contact Louise Kublick, Aquatics Manager at the pool office (ext. 3713).

The cost for a Parent & Tot pass (10 visits to the pool) is \$25.00. In order to address rising program costs, each person in attendance will now count as a visit, but the overall cost of a pass has been reduced. Payment can be made by cheque (payable to Bloorview Kids Rehab) or cash during office hours, or can be mailed with a note indicating that funds are for Parent & Tot to:

BLOORVIEW KIDS REHAB  
150 Kilgour Road, Toronto, Ontario M4G 1R8  
Attention: Pool Office (Parent & Tot)

Please call the pool office at 425-6220, ext. 3539 if you require any further information.