

# HOLLAND BLOORVIEW AQUATIC CENTRE

## Teen Stroke Improvement Fall, 2010

An opportunity for teens who are interested in improving their swimming skills while expanding their healthy lifestyle choices and fitness options. Teens work directly with instructors to set learning goals. Come and join the fun!

**Session Dates** → Mondays: September 27<sup>th</sup> to December 6<sup>th</sup> (*10 weeks*)  
(*no class on October 11<sup>th</sup>*)

**Time** → 8:00-8:45 p.m.

**Cost** → \$200.00 (*HST exempt*)

**Pre-requisites** → Swim Kids level 5 or higher

**Registration** → Call Louise Kublick at (416) 425-6220, ext. 3713 to register by phone.

