HOLLAND BLOORVIEW AQUATIC CENTRE

Quiet Swim Schedule – Fall, 2010

This program provides time for adults who have a disability or a medical need to use warm water, to come in with their spouses/friends and have a leisurely swim, do their own exercises or just enjoy a relaxed social time in a warm pool.

Times:	Mondays	6:30-8:00 p.m. *(Sept. 27th to Dec. 13th)*
	Wednesdays	6:30-8:00 p.m. *(Sept. 29th to Dec. 15th)*

(Pool Closures: October 11th)

Cost: The cost for a Monday/Wednesday Quiet Swim pass (10 visits to the pool) is $35.00 ($30.97 + HST). Each person in attendance counts as a visit. You may register for this program the first time you attend - you *don't* need to register in advance. **Exact** cash or cheque (payable to "Holland Bloorview") please. Medical forms are not required.

Attendants: Participants requiring support/supervision in the change rooms or the pool, or who need assistance getting into or out of the pool must bring someone with them for this purpose. There is no charge for attendants who are required for in-water support.

Pool Temperature: Water temperature in pools can fluctuate throughout the day in response to a number of unpredictable variables such as chemical and water levels and bather load. Participants can expect an *average* temperature of 92°, with variation slightly above or below this target being possible.

Pool Closures: Occasionally our pool is closed unexpectedly. Please call our "***Pool Closure Hotline***" (416-425-6220 ext. ***3065***) to check our status before you make your way to the pool. This message will be changed as soon as a pool closure occurs.

If you have any questions, please call the pool office at
(416) 425-6220, extension 3539, press #3