

How to register for Fall Aquafitness
at the HOLLAND BLOORVIEW AQUATIC CENTRE

Before September 10th – Please complete and submit our Lottery Form for priority registration. You will also need to complete an Activity Readiness Questionnaire (or indicate that your information hasn't changed if we already have one) prior to your first class. These forms can both be found on our website at www.hollandbloorview.ca/swim, or call us and we can mail you a copy.

After September 10th - Please call our Aquafitness Registration line at **(416) 425-6220 ext. 3064** and leave the information below. We will call you back to either (a) register you by phone or (b) let you know that your name has been placed on a waiting list. You will need to complete an Activity Readiness Questionnaire prior to your first class. This can be found on our website at www.hollandbloorview.ca/swim, or call us and we can mail you a copy.

- ✓ Your name and phone number(s)
- ✓ The Fall Aquafitness session(s) you wish to attend (see below for the schedule)

**check dates carefully – there are several different session start/end dates*

Day	Dates	Time	Type of Class	# of classes	Instructor	Cost
Thurs	Sept. 16 th to Dec. 16 th	9:30-10:30 am	Deep Water Active (no impact)	14	Donnamarie	\$140.00
Thurs	Sept. 30 th to Dec. 9 th	7:30-8:15 pm	Active	11	Katherine	\$110.00
Fri	Sept. 24 th to Dec. 10 th	1:00-2:00 pm	Active	13	Donnamarie	\$130.00
Fri	"	2:00-3:00 pm	Gentle	13	Donnamarie	\$130.00
Sun	Sept. 26 th to Dec. 5 th <i>(no class Oct. 10th)</i>	9:15-10:15 am	Deep Water Active (no impact)	10	Donnamarie	\$100.00
Tues	Sept. 28 th to Dec. 7 th	8:20-9:05 pm	Deep Water Active (no impact)	11	Donnamarie	\$110.00

AND OUR SPECIALTY CLASSES (in our smaller therapy pool) . . .

Day	Dates	Time	Type of Class	# of classes	Instructor	Cost
Thurs	Sept. 16 th to Dec. 16 th	10:35-11:20 am	Aqua Pilates	14	Donnamarie	\$168.00
Thurs	Sept. 23 rd to Dec. 9 th	8:20-9:05 pm	Tai Chi	12	Katherine	\$144.00
Tues	Sept. 28 th to Dec. 7 th	7:30-8:15 pm	Aqua Pilates	11	Donnamarie	\$132.00

Refund Policy:

The program registration fee will be refunded (less a \$20.00 processing fee) when the Aquatics Manager is notified in writing not less than one week prior to the first lesson. For withdrawal for a medical reason (must be accompanied by a medical certificate) a credit note will be issued.

Class Change Policy:

After registration, there is a \$10.00 fee to change the day/time you have registered for. For class changes made *within one week* of the first lesson of the session an *additional* \$10 processing fee will also apply.

Missed Classes:

Missed classes cannot be made up.