

# Restorative Road Map

Everyone's rehab journey is different



## Nursing will provide daily care

Admission to Holland Bloorview Kids Rehab Hospital

Get to know the members of your team. Your team will meet with you to discuss discharge and plan the transition home

Your PT, OT, SLP and seating team will assess and trial equipment; your child may also be referred to music and/or art therapy



## Social workers will provide regular support

You can practice spending time at home on weekends

If able, your child may have short blocks of school

You may find that your child needs breaks throughout the day

Check out the Activity Board



## The team will provide ongoing education

Fill downtime with activities that your child enjoys to make your time meaningful

Art, music and recreation therapy will be involved

Your team will set up local community resources to assist you at home and school.

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You can map your own rehab journey here

