

Activity Board

Programs and activities available to inpatient clients and families. Check them out!

◆ By referral only (ask a nurse) ▽ Sign up in advance * Parent drop-in welcome! † Join with adult support

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
<p>AM</p> <p>Playroom 9:30 – 11:30 (up to age 6)</p> <p>CCC Recreation† 9:30 – 11:30</p> <p>Mindfulness Group* 10:10 – 10:50</p> <p>PM</p> <p>Caregiver Group* 1:30 – 3:00 (every two weeks)</p> <p>Playroom (up to age 6) 1:30 – 3:30 6:00 – 7:30</p> <p>After School Recreation 3:30 – 4:30</p> <p>Evening Recreation 6:00 – 8:00</p> <p>CCC Recreation† 6:00 – 8:00</p> <p>Swim ◆ ▽ 6:25 – 7:30</p> <p>Art Studio ▽ 6:30 – 8:00</p>	<p>AM</p> <p>SODR Bedside Rounds 9:15 – 9:45 (parent join for own child only)</p> <p>Playroom (up to age 6) 9:30 – 11:30</p> <p>CCC Recreation† 9:30 – 11:30</p> <p>PM</p> <p>Therapeutic Clowns (see clown board for details)</p> <p>Playroom (up to age 6) 1:30 – 3:30 6:00 – 7:30</p> <p>After School Recreation 3:30 – 4:30</p> <p>Evening Recreation 6:00 – 7:00</p> <p>CCC Recreation† 6:00 – 8:00</p> <p>Parent Spa Night* 6:00 – 8:00 (once a month)</p> <p>Pets Night 7:00 – 8:00</p>	<p>AM</p> <p>Playroom (up to age 6) 9:30 – 11:30</p> <p>CCC Recreation† 9:30 – 11:30</p> <p>Music Therapy Group ◆ 11:15 – 12:00 (BIRT clients) (TBC)</p> <p>Parent Talk* 11:00 – 12:00</p> <p>PM</p> <p>Therapeutic Clowns (see clown board for details)</p> <p>Playroom (up to age 6) 1:30 – 3:30 6:00 – 7:30</p> <p>After School Recreation 3:30 – 4:30</p> <p>Teen Lounge Host 3:30 – 5:00</p> <p>Evening Recreation 6:00 – 8:00</p> <p>CCC Recreation† 6:00 – 8:00</p> <p>Swim ◆ ▽ 6:25 – 7:30</p> <p>Art Studio ▽ 6:30 – 8:00</p>	<p>AM</p> <p>Playroom (up to age 6) 9:30 – 11:30</p> <p>CCC Recreation† 9:30 – 11:30</p> <p>BIRT Bedside Rounds* 9:30 – 10:30 (parent join for own child only)</p> <p>PM</p> <p>Therapeutic Clowns (see clown board for details)</p> <p>Playroom (up to age 6) 1:30 – 3:30 6:00 – 7:30</p> <p>After School Recreation 3:30 – 4:30</p> <p>Teen Lounge Host 3:30 – 5:00</p> <p>Evening Recreation 6:00 – 8:00</p> <p>CCC Recreation† 6:00 – 8:00</p> <p>Green Art ◆ 6:00 – 8:00</p>	<p>AM</p> <p>Playroom (up to age 6) 9:30 – 11:30</p> <p>CCC Recreation† 9:30 – 11:30</p> <p>Music Therapy Group ◆ 11:15 – 12:00 (BIRT clients) (TBC)</p> <p>PM</p> <p>Playroom (up to age 6) 1:30 – 3:30 6:00 – 7:30</p> <p>After School Recreation 3:30 – 4:30</p> <p>Evening Recreation 6:00 – 8:00</p> <p>CCC Recreation† 6:00 – 8:00</p>	<p>AM</p> <p>Recreation 9:30 – 11:30</p> <p>Playroom (up to age 6) 9:30 – 11:30</p> <p>PM</p> <p>Afternoon Recreation 1:30 – 3:30</p> <p>Playroom (up to age 6) 1:30 – 3:30 6:00 – 7:30</p> <p>Family Swim ◆ ▽ Saturdays 1:30 – 2:30</p> <p>Evening Recreation 6:00 – 8:00</p>
					<p>Check it out!</p>
					<p>Grocery Foundation Resource Center first floor</p> <p>Spiral Garden † outside cafeteria</p> <p>Ronald McDonald Playroom first floor (siblings only)</p> <p>Accessible Playground outside cafeteria</p> <p>Fish Tank second floor</p> <p>Screen Play second floor</p> <p>Family Lounge third floor</p> <p>Teen Lounge third floor</p> <p>Snoezelen Room ◆ third floor</p> <p>Reflection Room third floor</p>

Garden Café 

Hours of Operation
Monday – Thursday 11:00 – 2:00
Fridays 8:00 – 2:00
Weekends Closed

Tim Horton's 


Hours of Operation
Monday – Friday 7:00 – 6:00
Weekends 9:00 – 2:00
 (Closed weekends during summer and holidays)

Shuttle Services 

Tuesdays @ 1:30
 Free shuttle service – sign up at main reception! Visit Grocery Foundation Resource Center for more details.

Family Movie Nights 

Once a month
 Join us for pizza & a movie in the Conference Center!

TAILS 

Once a month
 Join us for a live musical production in the Conference Center!