






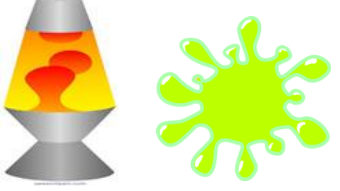











CCC Therapeutic Recreation Programs (aged 7+)

Therapeutic Recreation Specialist: Lizzy Luff (x6389)

Therapeutic Recreation Assistant: Jelena Vicentic (x3637), Chelsea Rauh (x3649), and Heather Elo (x6470)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning 9:30 - 11:30	Group Social Games 	Sensory Music Therapy Group 9:30-10:30 ** 	Let's Get Crafty 	Sensory Exploration/ Snoezelen Room 	Mixing It Up 	Drop In 	Drop In 
Location	CCC Lounge	CCC Lounge	CCC Lounge	Snoezelen	CCC Lounge/Kitchen	CCC Lounge	CCC Lounge
Afternoon 1:30 - 3:30	Let's try the Brain Computer Interface 	Sensory Exploration/ Snoezelen Cart 	Mixing It Up 	Group Social Games 	Drop In 	Drop In 	Drop In 
Location	CCC Lounge	CCC Lounge	CCC Lounge/Kitchen	CCC Lounge	CCC Lounge	CCC Lounge	CCC Lounge
Evening 6:00 - 8:00	Crafty  Pre-Teen Open Art Studio **	Baking/Cooking  Pet visiting in Gym at 7:30-8:00	Gym Games/Snoezelen  Teen Open Art Studio**	Green Arts 	Snoezelen Room/Group Social Games 	No TR Program Rest up for the week ahead!	No TR Program Rest up for the week ahead!
Location	CCC Lounge	ADL Kitchen	Gym/Snoezelen Room	CCC Lounge	Snoezelen/CCC Lounge		

****Sign up required - Room capacities may change P- Program locations/activities are subject to change. Please speak to your TR team if you have questions**

TRS/TRA Extensions

Lizzy Luff, TRS x6389

Jelena Vicentic, TRA x3637

Chelsea R Rauh, TRA x3649

Heather Elo, TRA x6470

Room Locations/Extensions

CCC Lounge: 3E190

Ext 6484

Kitchen: OW255

Ext 3573

ADL Lounge: OW245

Ext 3560

Gym: OW300

Ext 3433

Art Studio: 1E210

Ext 3378

Conference Centre: 1E200

Snoezelen Room: 1E165

**** PROGRAMS THAT REQUIRE SIGN UP At LEAST 1 HOUR BEFORE PROGRAM ON THE DAY OF ****

Open Arts Studio
Rec Swim
Sensory Music Group

***Please contact any member of your Therapeutic
Recreation Team to sign up***

**Group program time subject to change to
accommodate bedside programs**

**Please refer to signage on the CCC lounge door for
program time and location**

**During Therapeutic Recreation programs, clients who
have a tracheostomy must be supported by a Nurse,
Respiratory Therapist, or family member who has
completed all necessary trainings**

PROGRAM DESCRIPTIONS

Programs in CCC Lounge

Join in a structured small group program that could be an art/craft activity, music, sensory activity, social games, card games, board games or other specialty activities.

Drop in

Drop in to request an activity you would like to participate in. Options could include; art/craft activities, music, sensory activity, social games, card games, or board games.

Snoezelen Room

The Snoezelen room uses music, lighting effects, gentle vibrations, tactile sensations and aromatherapy to provide opportunities for relaxation and a unique sensory experience.

Baking/Cooking Programs

Want to learn a new kitchen skill, or try a new recipe in the kitchen? Come join your peers and Therapeutic Recreation staff to create a new delicious recipe!

Sports/Gym Games

Want to try a new sport, work on your skills, or learn a new game? Come try some safe activities in the gym!

Rec Swim

Free swim with care-giver in the small pool. Sign up Required

Mixing It Up

Either a baking/cooking recipe or a sensory mixing/making activity (for example: slime, homemade playdough, oobleck, water play, etc).

Art Studio/Green Arts

Art programs lead by Holland Bloorview Artists. Green Arts involves nature based materials.