

Efficacy of Non-Pharmacological Persistent Pain Treatments for Youth Ages 6 to 21 with Mental Health Comorbidities (Systematic Review)

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BACKGROUND

11-38% of children in North America experience chronic pain^[1]



17-29% also have mental health comorbidities^[2]



METHODS

1. IDENTIFICATION

10808 studies from 4 databases

1188 duplicates removed

2. SCREENING

7121 studies screened

2499 studies remaining

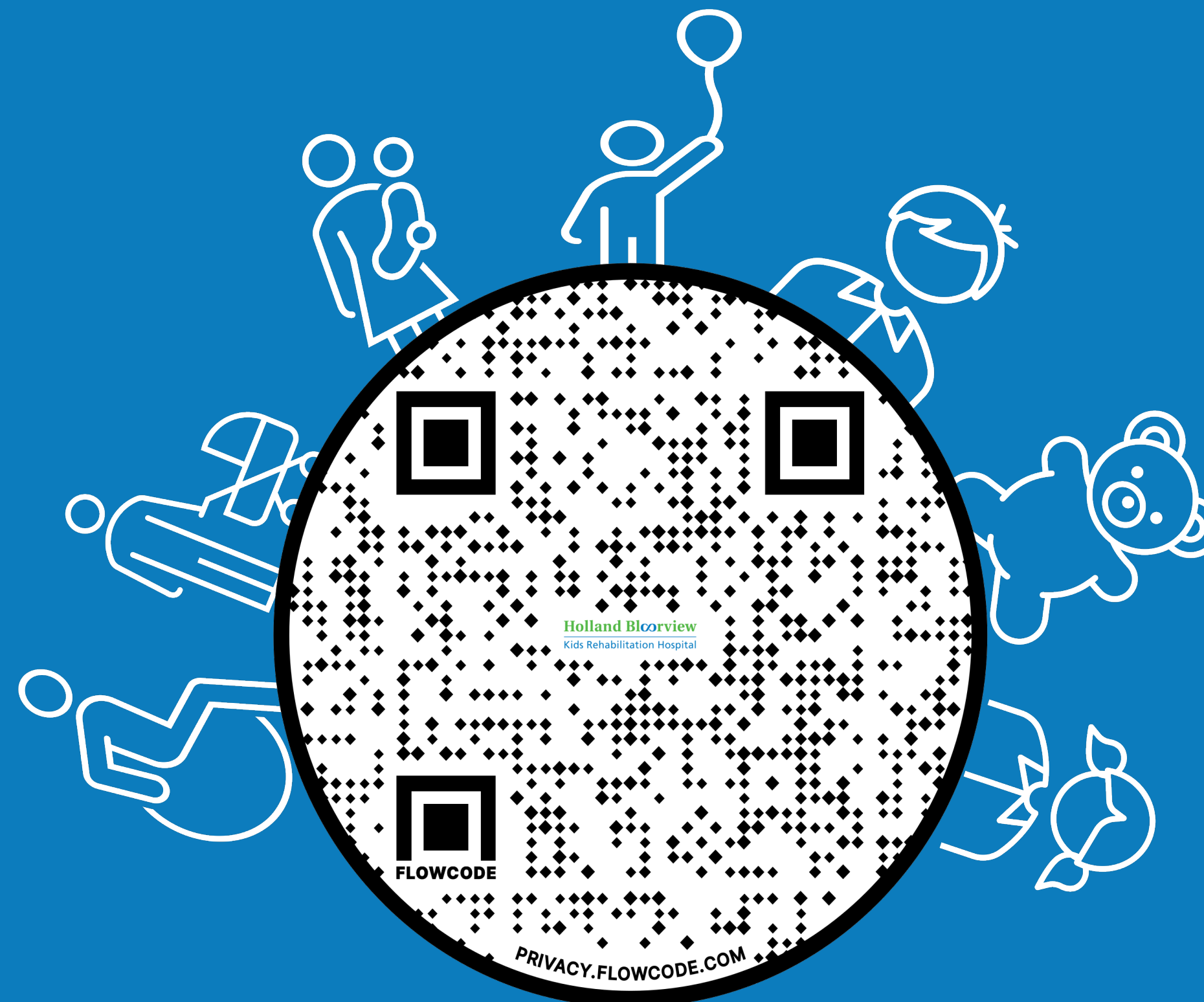
3. INCLUDED FOR FULL TEXT REVIEW (ESTIMATED)

Yes = 20

Maybe = 30

No = 9570

ARE NON-PHARMACOLOGICAL INTERVENTIONS FOR PERSISTENT PAIN EFFECTIVE FOR YOUTH WITH A COMORBID MENTAL HEALTH DISORDER?



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OBJECTIVE



RESULTS

Randomized control trials will be reviewed to extract information on the following treatment outcomes:



CONCLUSION/NEXT STEPS



RELEVANCE

Get Up and Go Program at HB:
 ❖ 2-4 children/month
 ❖ 85% mental health comorbidity

