

Transition to Adulthood

Discover resources, programs and supports

How do I access Holland Bloorview's Transition to Adulthood Supports?

Around the 14th birthday, the Holland Bloorview client and/or family should:

- 1** [Sign up](#) for a 60 minute "Welcome to Transitions" pop-up information session (instructions on next page). Learn about resources and link with our transition supports e.g. for life after high school, funding, housing, personal care, sexuality, wellness, peer mentorship and more.
- 2** [Join](#) the Transitions, Recreation & Life Skills email list for monthly notifications of upcoming events, programs and resources (instructions on next page).
- 3** If you get medical services at Holland Bloorview, your healthcare team will speak with you at a future appointment to plan for your eventual transfer to adult medical care by age 19.



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Did you know? In Ontario...

- **Adult disability funding typically starts at age 18**
with funding applications beginning between 16-17.5 years of age as applicable.
- **Adult medical services start by age 19**
with medical transfer planning starting at age 14+.
- **Youth can stay in high school until age 21**
with some non-medical Holland Bloorview services continue until age 21 and various options for life activities after high school.

We can help you connect you with these resources and more.

A hub of information, programs and practical support for the transition-to-adulthood. Start exploring early, since resources apply to childhood, teen and young adult years.


Early Years
Participation
& Transitions


Life Skills
Development


Adapted
Recreation,
Friendship
& Belonging


Employment
Participation &
Post-Secondary
Transition


Youth
Engagement


Bridging to
Adulthood


Workshop
& Events


Quality Standards,
Evaluation
& Research

Visit us

[hollandbloorview.ca/
transitions](http://hollandbloorview.ca/transitions) or scan
the QR code



Holland Bloorview
Kids Rehabilitation Hospital

Transitions,
Recreation
and Life Skills



Instructions for Accessing Transition Supports

Around the 14th birthday, the client and/or family should:

1

Sign up for a 60 minute “Welcome to Transitions” pop-up information session as a first point of accessing supports:



Sign up online by clicking this [link](#) or visiting:

<https://hollandbloorview.ca/services/programs-services/transitions/transition-pop-ups>

hollandbloorview.ca/services/programs-services/transitions/transition-pop-ups

Holland Bloorview | Kids Rehabilitation Hospital

All Transition Pop-Ups - click on the category to see more!

Welcome - Try Starting Here



Click the + sign to see the options below

NAME	DESCRIPTION
Welcome to Transitions	Connect with Transitions staff to receive an overview of all Transitions, Recreation, and Life Skills programs that can support your transition goals. Receive 1:1 coaching at the event to begin the first steps in connecting with the programs you are interested in. Next available dates (click on the date for more information/to register):

[January 1](#)
[January 15](#)
[January 29](#)

Click your preferred date to sign up online

Instructions for Accessing Transition Supports

Around the 14th birthday, the client and/or family should:

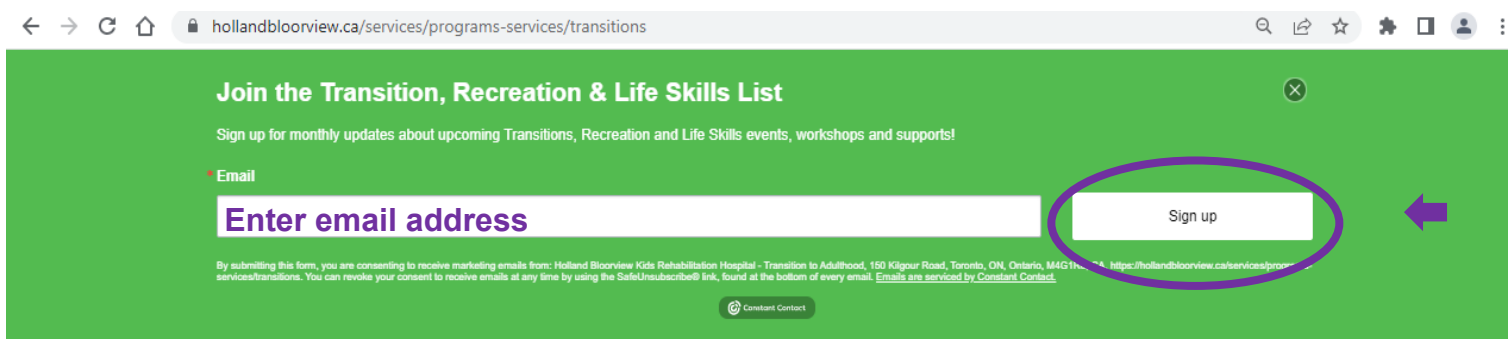
- 2 Join the Transitions, Recreation & Life Skills event email list for monthly notifications of upcoming events, programs and supports:



Sign up online by clicking this [link](https://hollandbloorview.ca/services/programs-services/transitions) or visiting:

<https://hollandbloorview.ca/services/programs-services/transitions>

Enter your email into the sign up form at the top or bottom of the webpage. You will receive a confirmation email and can unsubscribe from the list at any time.



The screenshot shows a web browser window with the URL hollandbloorview.ca/services/programs-services/transitions. The page title is "Join the Transition, Recreation & Life Skills List". Below the title, it says "Sign up for monthly updates about upcoming Transitions, Recreation and Life Skills events, workshops and supports!". There is an "Email" section with a text input field containing the placeholder "Enter email address" and a "Sign up" button. A purple circle highlights the "Sign up" button, and a purple arrow points to it from the right. At the bottom of the form, there is a small disclaimer: "By submitting this form, you are consenting to receive marketing emails from: Holland Bloorview Kids Rehabilitation Hospital - Transition to Adulthood, 150 Kigour Road, Toronto, ON, Ontario, M4G 1N3. CA. <https://hollandbloorview.ca/services/programs-services/transitions>. You can revoke your consent to receive emails at any time by using the SafeUnsubscribe® link, found at the bottom of every email. Emails are serviced by Constant Contact."